

Member Resources

Pension Information and Planning Resources

- **Office of Pensions website:** www.delawarepensions.com
- Member and retiree information and forms available from your human resource office or the Office of Pensions website.
- Retirement Workshops held at sites throughout the State during the spring and fall. Schedules and registration information are available from your human resource office or the Office of Pensions website.

Contact the Office of Pensions

- Phone numbers: (800) 722-7300 or (302) 739-4208
- Fax number: (302) 739-6129
- Email: pensionoffice@delaware.gov
- Mailing address: State of Delaware, Office of Pensions, McArdle Building, 860 Silver Lake Blvd., Suite 1, Dover, DE 19904-2402

Other Contacts

- **Aetna:** (877) 542-3862; www.aetna.com
- **Blood Bank of Delmarva:** (888) 825-6638; www.delmarvablood.org
- **Highmark Delaware:** (844) 459-6452; www.highmarkbcbsde.com
- **Delta Dental:** (800) 932-0783; www.deltadentalins.com
- **Dominion National:** (888) 518-5338; www.dominiondental.com
- **Delaware Medicare Assistance Bureau (DMAB - formerly ELDERInfo):** (800) 336-9500; www.insurance.delaware.gov/divisions/dmab/
- **Express Scripts:** (800) 939-2142; www.express-scripts.com
- **Express Scripts Medicare:** (877) 680-4883
- **EyeMed Vision Care :** (855) 259-0490; www.EyeMedvisioncare.com
- **Voya Investments:** (302) 318-8840; www.voya.com
- **Medicare:** (800) 633-4227; www.medicare.gov
- **Securian:** (877) 215-1489; www.LifeBenefits.com
- **Social Security Administration:** (800) 772-1213; www.ssa.gov
- **Statewide Benefits Office, Department of Human Resources:** (800) 489-8933 or (302) 739-8331; dhr.delaware.gov/benefits/
- **State Treasurer's Office, Administrator of the Deferred Compensation Plan:** (302) 672-6700; www.treasurer.delaware.gov