

Member Resources

Pension Information and Planning Resources

- **Office of Pensions website:** www.delawarepensions.com
- Member and retiree information and forms available from your Human Resource office or the Office of Pensions website.
- Retirement Workshops are held virtually. Please see website for next session(s).

Contact the Office of Pensions

- Phone numbers: (800) 722-7300 or (302) 739-4208
- Fax number: (302) 739-6129
- Email: pensionoffice@delaware.gov
- Mailing address: State of Delaware, Office of Pensions, McArdle Building, 860 Silver Lake Blvd., Suite 1, Dover, DE 19904-2402

Other Contacts

- **Aetna:** (877) 542-3862; www.aetna.com
- **Blood Bank of Delmarva:** (888) 825-6638; www.delmarvablood.org
- **Highmark Delaware:** (844) 459-6452; www.highmarkbcbsde.com
- **Delta Dental:** (800) 932-0783; www.deltadentalins.com
- **Dominion National:** (888) 518-5338; www.dominiondental.com
- **Delaware Medicare Assistance Bureau (DMAB - formerly ELDERInfo):** (800) 336-9500; <https://insurance.delaware.gov/divisions/dmab/>
- **CVS Caremark:** (833) 458-0835; www.caremark.com
- **CVS Caremark/SilverScript Medicare Part D:** (844) 757-0448; www.caremark.com
- **EyeMed Vision Care:** (855) 259-0490; www.EyeMedvisioncare.com
- **Voya Investments:** (302) 318-8840; www.voya.com
- **Medicare:** (800) 633-4227; www.medicare.gov
- **Securian:** (877) 215-1489; www.LifeBenefits.com
- **Social Security Administration:** (800) 772-1213; www.ssa.gov
- **Statewide Benefits Office, Department of Human Resources:** (800) 489-8933 or (302) 739-8331; www.dhr.delaware.gov/benefits
- **State Treasurer's Office, Administrator of the Deferred Compensation Plan:** (302) 672-6700; <https://treasurer.delaware.gov/deferred-compensation-plans/>