When can I make changes to my health, dental or vision insurance?

Unless it is a life changing event (ex: marriage, divorce, new birth, etc.), you cannot make changes until our Open Enrollment period. Non-Medicare health, dental and vision Open Enrollment period is in May each year and changes will take effect July 1st. You will receive an Open Enrollment packet usually around the first week of May. For Medicare eligible health insurance, the Open Enrollment is in October each year and changes will take effective January 1st. You will receive an Open Enrollment packet usually around the last week of September. If you do not receive one, please contact our office immediately.

Who do I contact about my prescription plan with the State?

For current contact information about the State of Delaware non-Medicare and Medicare health plans and the current State of Delaware qualified Part D prescription plan, please review the contact information at https://dhr.delaware.gov/benefits/contact/index.shtml.