



**ALL** Applicable to *all* Pensioners

## Newsletter Highlights

Welcome to the sixth edition of the Retiree *Healthcare* Newsletter. This newsletter serves as an additional resource to help keep you *in the know* about important health care and benefits information, updates, and reminders. It is available online at [delawarepensions.com](http://delawarepensions.com).

The Office of Pensions is your source for communicating retiree healthcare benefits and guidance on enrollments, changes, and questions. To help you understand the information applicable to you, please refer to the following key in the newsletter:

**ALL**

Applicable to **all** Pensioners

**NM**

Applicable only to State **Non-Medicare** Eligible Pensioners

**ME**

Applicable only to State **Medicare** Eligible Pensioners



## Ready, Set, Enroll

Mark your calendars! Open Enrollment for State of Delaware non-Medicare health plans, dental plans, and vision plans is May 4 - 15, 2026.

## State Employee Benefits Committee (SEBC) Corner

As the decision-making body for employee and retiree benefit coverage, the SEBC is responsible for balancing the health fund budget and managing rising healthcare costs, while also assuring State Group Health Insurance Plan (GHIP) members have access to high-quality, affordable benefit options now and in the future.

In the coming months, the SEBC will continue the procurement process of a vendor for Pharmacy Benefits Management (PBM) services and for Medical Third-Party Administrator (TPA) services, including the solicitation of a vendor to administer the Employer-Sponsored Medicare Supplement Plan.

Stay up to date on discussions and decisions that impact your benefits. Read the monthly **Get the Facts on What's Happening** resource document for answers to:

- What's being discussed related to the GHIP at the SEBC meetings; and
- Actions taken by the SEBC.

Visit [dhr.delaware.gov/benefits/sebc](http://dhr.delaware.gov/benefits/sebc) (Select *Get the Facts on What's Happening*). SEBC meetings are open to the public and allow for public comment. View meeting dates, materials, and updates on your retiree healthcare benefits at [dhr.delaware.gov/benefits/sebc](http://dhr.delaware.gov/benefits/sebc).



## 2026 Open Enrollment: May 4 - 15, 2026

The 2026 Open Enrollment period for State Non-Medicare Eligible Pensioners is **May 4 – 15, 2026** for the plan year beginning July 1, 2026. This is your once-a-year opportunity to enroll, make changes, or cancel coverage for you, your spouse, and/or dependent(s).

Be on the lookout for your Open Enrollment packet, which will be placed in the mail on or around April 20, 2026, with information on the steps and forms to complete if you wish to enroll, make changes, or cancel coverage for your health, dental, and/or vision benefits.

Access resources at [delawarepensions.com](http://delawarepensions.com) to help you prepare for Open Enrollment, including plan comparison charts, the *2026 Open Enrollment Guide* online course, benefit vendor informational videos, and myBenefitsMentor® (an online tool that provides a personalized enrollment recommendation and the ability to compare estimated costs by health plan).

For details on the changes effective July 1, 2026, visit [de.gov/benefitchanges](http://de.gov/benefitchanges).

### Transitioning to Medicare: Tips to Help You Prepare

- Your Medicare Parts A and B will be effective the 1st of the month in which you turn 65.
  - **Already collecting Social Security Benefits?** Enrollment in Medicare Parts A and B is automatic and you will receive a card in the mail.
  - **Not collecting Social Security Benefits?** You must apply for Medicare Parts A and B three months prior to your 65th birth month by contacting the Social Security Administration (SSA) directly. Apply online at [medicare.gov](http://medicare.gov), by phone at 1-800-772-1213, or contact your local SSA office (Visit [ssa.gov](http://ssa.gov) for office locations). If you or your spouse worked for a railroad, call the Railroad Retirement Board at 1-877-772-5772.
- You are responsible for paying your Part B premium through the SSA. Note, the State of Delaware does not contribute to this premium.
- The Office of Pensions must receive a copy of your Medicare card with Parts A and B two months prior to the month you turn 65. Encountering enrollment delays? Contact the Office of Pensions at 1-800-722-7300 or (302) 739-4208.
- Have a spouse and/or dependent(s) who are not yet on Medicare? They can remain enrolled in a non-Medicare health plan after you transition to Medicare and must still adhere to the Spousal and Dependent Coordination of Benefits Policies located at [de.gov/statewidebenefits](http://de.gov/statewidebenefits).
- Your dental and vision coverage will not be affected by your transition to Medicare.



### Diabetes Resources

Diabetes prevention and management is an important area of focus for the State of Delaware. As a State non-Medicare-eligible pensioner, you have access to several resources to treat type 1 and type 2 diabetes or reduce your risk of developing type 2 diabetes.

- **Zero Cost Diabetic Supplies:** Diabetic supplies such as lancets, syringes/needles, and test strips may be obtained under the prescription plan at no cost to the member.
- **Copay Savings on Diabetic Medications:** Multiple diabetic medications may be obtained for just one copay when filled at the same time at a participating pharmacy.
- **Maintenance Medication Program:** Allows members to fill 90-day prescriptions at reduced copays, when eligible. Under the program, one 90-day prescription costs the same as two 31-day fills.
- **Highmark Members - Livongo®:** Livongo® is a free diabetes monitoring program, providing access to a Certified Diabetes Care and Education Specialist to help with diabetes management, Livongo Expert Coaches who are available 24/7 if there is an issue, as well as a meter and test strips.

(Continued on page 3)

## Diabetes Resources (Continued from page 2)

- **Aetna Members - Transform Diabetes Care®:** The Transform Diabetes Care® program is a 12-month program to help keep your diabetes in check. It is available to you at no extra cost! You'll receive customized guidance based on your specific needs.
- **EyeMed Diabetic Care Services:** EyeMed members who have type 1 or type 2 diabetes are eligible to receive additional services including a vision evaluation once every six months to monitor for signs of diabetic complications.

Learn more about the diabetic services including prevention programs available through your benefits at [dhr.delaware.gov/benefits/diabetes](http://dhr.delaware.gov/benefits/diabetes) and take advantage of all the resources designed to help keep you healthy.



## 2026 Open Enrollment: May 4 - 15, 2026

The 2026 Open Enrollment period for State Medicare Eligible Pensioners is **May 4 – 15, 2026** for the plan year beginning July 1, 2026. This is your once-a-year opportunity to enroll, make changes, or cancel coverage for your **dental** and **vision** benefits.

Be on the lookout for your Open Enrollment packet in the mail with information on the steps and forms to complete if you wish to enroll, make changes, or cancel coverage for your dental and/or vision benefits. Packets will be placed in the mail on or around April 20, 2026.

For details on the changes effective July 1, 2026, visit [de.gov/benefitchanges](http://de.gov/benefitchanges).

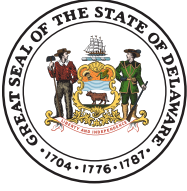


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- **Copay Savings on Diabetic Medications:** Multiple diabetic medications may be obtained for just one copay when filled at the same time at a participating pharmacy.
- **Maintenance Medication Program:** Allows members to fill 90-day prescriptions at reduced copays, when eligible. Under the program, one 90-day prescription costs the same as two 31-day fills.
- **Transform Diabetes Care®:** The Transform Diabetes Care® provides a holistic way to manage your diabetes and overall health. You'll have access to trusted advice on nutrition and lifestyle habits as well as reminders about screenings and more. It's all available to you at no extra cost!
- **EyeMed Diabetic Care Services:** EyeMed members who have type 1 or type 2 diabetes are eligible to receive additional services including a vision evaluation once every six months to monitor for signs of diabetic complications.

Learn more about the diabetic services available through your benefits at [dhr.delaware.gov/benefits/medicare/diabetes.shtml](http://dhr.delaware.gov/benefits/medicare/diabetes.shtml) and take advantage of all the resources designed to help keep you healthy.



**STATE OF DELAWARE  
OFFICE OF PENSIONS**  
McArdle Building, Ste. #1  
860 Silver Lake Boulevard  
Dover, DE 19904-2402

**WELCOME TO THE  
SIXTH EDITION OF THE  
Retiree Healthcare  
Newsletter!**



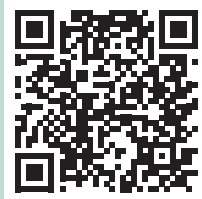
**ALL**

Applicable to **all** Pensioners



**Get the  
DPERS App  
and stay  
informed!**

Go to Google Play or the Apple Store and get the new DPERS app. There is Plan Information, Notifications, and even a Count Down to Retirement. Scan the QR Code to the right to get the app.



**State Prescription Plan  
Questions?**

*(including covered medications,  
pharmacy options, or coverage review)*

Non-Medicare Eligible Pensioners  
contact CVS Caremark at  
**1-833-458-0835.**

Medicare Eligible Pensioners  
contact SilverScript (CVS Caremark)  
at **1-844-757-0448.**

Visit [caremark.com](http://caremark.com) for  
additional account information.

**UPCOMING  
STATE  
HOLIDAYS**

The Office of Pensions  
will be closed on the  
following State holidays:

**Memorial Day**  
Monday, May 25, 2026

**Juneteenth**  
Friday, June 19, 2026

**Independence Day**  
Friday, July 3, 2026

**Labor Day**  
Monday, September 7, 2026



**STATE OF DELAWARE  
OFFICE OF PENSIONS**

TOLL FREE LONG DISTANCE: **1-800-722-7300**  
TELEPHONE: **(302) 739-4208**  
FAX NUMBER: **(302) 739-6129**  
E-MAIL ADDRESS: **pensionoffice@delaware.gov**  
FORMS E-MAIL ADDRESS: **pension.forms@delaware.gov**  
WEB ADDRESS: **delawarepensions.com**